




















Week 3 (7th September/28th September/19th October/16th November/7th December/11th January/1st February/1st March/22nd March)

	Monday	Tuesday	Wednesday	Thursday	Friday
Meat option	<p>Chicken goujons with crinkle cut wedges</p> 	<p>Beef lasagne</p> 	<p>Tuna and sweetcorn pasta bake</p> 	<p>Roast gammon and Yorkshire pudding</p> 	<p>Baked fish fingers and chips</p> 
Vegetarian option	<p>Free range omelette with crinkle cut wedges</p> 	<p>Oriental fried rice</p> 	<p>Margherita pizza and diced potatoes</p> 	<p>Vegetarian sausages and Yorkshire pudding</p> 	<p>Cheese and tomato Quesadilla and chips</p> 
Alternative option	<p>Loaded wedges and five bean chilli</p> 	<p>Jacket Potato with Beans and Sausage</p> 	<p>Jacket Potato Tuna</p> 	<p>Jacket Potato with Beans & Cheese</p> 	<p>Teriyaki Noodles</p> 
Picnic Box	<p>Build your own Ham Wrap, Tomato Pasta, served with Carrot & Apple</p> 	<p>Cheese Roll, Sausage Roll, Served with Cucumber & Melon</p> 	<p>Chicken Mayonnaise Wrap, Cheese Straw, Served with Orange & Grapes</p> 	<p>Tuna Roll, Sausage Roll, Served with Carrot & Apple</p> 	<p>Build your own Ham & Cheese Wrap Served with Cucumber & Melon</p> 